



UT/TSU Extension—Blount County  
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Office Hours M-F 8am-5pm (closed from 12-1 daily)

4-H Agents  
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## Upcoming Dates

For More information on any programs, visit our website:

<https://blount.tennessee.edu/>

- Jan 5 4-H Horse Group Meeting 7 p.m. via Zoom
- Jan 9 4-H Honor Club Meeting 5 p.m. at 4-H Office
- Jan 12-14 State Hog Show in Cookeville, TN
- Jan 16 4-H Office Closed for MLK Day
- Jan 17 4-H Demonstration & Table Top Exhibit Workshop Meeting
- Jan 21 ER 4-H Horse Bowl and Hippology contest—Knoxville
- Jan 21 4-H Shooting Sports Certification for Instructors
- Jan 24 4-H Livestock Group Hybrid Zoom & Face-2-Face Meeting (call for link info 865-982-6430)
- Jan 25 Deadline for county 4-H Posters –absolute last day
- Feb 2 Horse Group Meeting 7 p.m. at the Blount County Library
- Feb 4 Senior Regional Speaking contest in Knoxville
- Feb 6 Deadline for 4-H Congress Essay (9-10 graders only)
- Feb 10 Tagging for 4-H Market Steer program in Knoxville

# Blount County 4-H January Newsletter

## 4-H Project Demonstration Communication Skills Building

4th and 5th grade 4-H members may prepare a demonstration related to a 4-H project and share it at the February club meeting. A demonstration is where 4-H'ers show how to make or do something as they tell how to do it.

### Rules & Guidelines:

- No live animals may be used in presentations
- It must relate to one of the 4-H projects.
- Only individual demonstrations advance to next level

### Steps in Giving a Demonstration

- ◇ Planning
  1. Choose a topic you know (keep it simple.)
  2. List the important steps in order.
  3. Outline an explanation of each step.
  4. List the materials/supplies needed.
  5. Plan visuals—posters, signs, labels on props, etc.
  6. Plan video shots, scenes and angles
- ◇ Preparation
  1. Write an introduction — make it catchy & attention-getting.
  2. Write the body—this is the “show and tell” part.
  3. Write a summary to make sure the audience understands.
  4. Show a finished product when possible.
- ◇ Presentation
  1. Always face the audience (camera). Use good posture.
  2. Speak clearly and loud enough for everyone to hear.
  3. Talk while you are working.
  4. Use posters and don't forget the title poster.
  5. Practice food safety in food demonstrations.
  6. Make sure the audience can see what you are doing.
  7. Ask for questions at the end. Say, “this concludes my demonstration”.



### Dad Jokes & Winners of the Month:

What New Year's resolution should basketball players stay away from?

Why did Billy get fired from the banana factory?

Where do boats go when they're sick?

## 4-H Honor Club!



If you are currently 6-12th grade, get your 4-H Honor application and start to work on it. The next initiation is just around the corner on May 8, 2023. We want you to be in the next group to be welcomed on the roles. It is free to become an honor member, but priceless once accepted into the fold. We want to recognize you before your peers, family and friends. And Honor Club is only the first step in Tennessee's recognition program for outstanding 4-H members. After that as a senior 4-H member, you can earn a spot in All Stars. This again is not won, but earned through your citizenship work. All Stars is the second step leading to the final step of recognition, VOL STATE. Vol State is the highest recognition a Tennessee 4-H member can earn.

## County 4-H Beekeeping Essay Contest

The 2023 essay contest has not been updated at the time of this newsletter printing. As soon as we know we will post on the Blount County Extension Face Book page and send emails to those showing an interest. We do have a deadline/due date however, for submittal of essays. They will be due February 15, 2023. They must be submitted electronically using the 2023 guidelines. Call or email the 4-H Office to make sure you get this information hot off the presses.

## State 4-H Congress Essays

The 2023 Tennessee 4-H Congress will be held March 19-22 at the Embassy Suites, Murfreesboro, TN. This is the premiere event for Tennessee 4-H. The 2023 Congress theme is **Tennessee 4-H: Encourage, Empower, Embrace**.

Registration will be open until February 6, 2023. The registration fee of \$325 per delegate is **due by, February 6, as well**. Call or email the 4-H Office if interested in participating. Please do not wait until the last minute to submit an essay. Late registrations will not be accepted.

Congress is a Level I activity for 9th and 10th grade 4-H members. Guidelines for the selection of delegates can be found at: [State 4-H Congress | Tennessee 4-H Youth Development](#)

## Exhibit Demonstration Workshop

Come and learn from an old pro—how to give a blue ribbon demonstration or prepare for the perfect table top exhibit presentation. We will cover topic choices, writing of opening statements, props needed, talking points, poster making, viewing stances, etc. This workshop is scheduled for Monday, January 30, 2023 at 5 p.m. It will be "in person" only in 2023. Call the 4-H office if you plan to attend. A Youtube copy of the session will be posted on the UT Extension Blount County FaceBook page at (<https://www.facebook.com/utblountcounty>).

### THOUGHT FOR THE DAY

It is often the small steps, not the giant leaps, that bring about the most lasting change. *HRM Queen Elizabeth II*

## 4-H Art & Poster Contest Notice

We are looking for the artists in our membership to step forward. It is 4-H Art & Poster time. 4-H Posters must be submitted by January 25 at the very latest. You may turn them in at your January club meeting if you wish, but they must in by or before the 25th. For a complete set of the rules and guidelines, you may visit the 4-H website and search "posters".



14"

22"

## 2023 Cornbread Cook-Off

Start making plans to enter the cornbread cook-off in South Pittsburg, TN this spring! The wait is over and they are ready to welcome you to enjoy the sights, sounds and tastes of the Annual National Cornbread Festival. This quaint southern town will host a celebration of cornbread, often considered the cornerstone of southern cuisine. More details found here: <https://blount.tennessee.edu/4-h-youth-development/>

## Some Camps/Conferences for Your Calendars!

State 4-H Congress (9<sup>th</sup>-10<sup>th</sup> grades)

March 19-22, 2023

Spring All Star Conference (9<sup>th</sup>-12<sup>th</sup> grades)

March 31-April 2, 2023

Junior High Academic Conference (6<sup>th</sup>-8<sup>th</sup> grades)

June 13-16, 2023

Junior 4-H Camp (4<sup>th</sup>-6<sup>th</sup> grades)

June 26-30, 2023

Junior High Electric Camp (6<sup>th</sup>-7<sup>th</sup> grades)

June 26-30, 2023

Junior High Camp

July 10-14, 2023

State 4-H Roundup (9<sup>th</sup>-12<sup>th</sup> grades)

July 17-21, 2023 (Qualify to Attend)

Amy Berger

James McMillion

## **ADDENDUM**

### **BLOUNTCOUNTY 2023 4-H PUBLIC SPEAKING RESULTS**

ON DECEMBER 15 THE COUNTY PUBLIC SPEAKING CONTEST WAS HELD AT THE BROADWAY UNITED METHOD-IST CHURCH, DOWNTOWN MARYVILLE. MEMBERS FROM SEVERAL SCHOOLS AND HOME SCHOOLED WERE IN ATTENDANCE. LIST BELOW ARE MEMBERS THAT QUALIFIED FOR THE COUNTY LEVEL CONTEST. WINNERS IN GRADES 4-8 ADVANCE TO THE BIG 9 SUB-REGIONALS AND HIGH SCHOOL MEMBER ELDER TO THE EASTERN REGIONAL CONTEST. WINNERS ARE BOLDED IN RED.

#### 4TH GRADE SPEAKERS

Braydyn	Alonzo
Isabella	Bryant
Audrey	Christopher
Addison	Collins
Abel	Colon
Bellah	Cooper
Kason	Davis
Payton	Davis
Kendall	Ehlers
Trakell	Fremming
<b><u>Emily</u></b>	<b><u>Gilpatrick</u></b>
Nadia Grace	Hall
Hailey	Kreinhop
Journey	Lenda
Blakely	Merritt
Laken	Morgan
Baylie	Moss
Maliyah	Myers
Bryson	Sanchez
Brenna	Summers
Paige	Ulland
Madison	Vance
Claire	Waters

#### 5TH GRADE SPEAKERS

Alea	Banks
Elise	Caponetti
Delaney	Collins
Abigail	Cooper
Jacob	Debuty
Elisabeth	DuPont
Reagan	Ford
Elyse	Hoover
Thana	McNeese
Austin	Muncey
Richard	Newsome
Paige	Ott
Derek	Wagoner
<b><u>Caroline</u></b>	<b><u>Waters</u></b>
Wyatt	Welshan

#### JR AND SR HIGH SPEAKERS

<b><u>Zee</u></b>	<b><u>Carnes</u></b>
<b><u>Ethan</u></b>	<b><u>Elder</u></b>