Extension



How to give a 4-H Speech- The Hamburger Way!

What do your 4-H speech and a hamburger have in common?

- ⇒ A hamburger has three main parts- the top bun, the meat and the bottom bun.
- ⇒ Your speech should have three main parts as well- the introduction, the body and the conclusion.

How to win the blue ribbon:

1. PLAN

Once you have selected a topic, it is time to decide on a purpose. Do you want to get action, inform, or entertain?

2. ORGANIZE

Introduction— catches peoples attention, introduces topic Body— all the information in

your speech, the details Conclusion— wraps up the speech, summarizes your speech

3. PRACTICE

You should always give your speech several times just as you plan to give it in front of your audience.

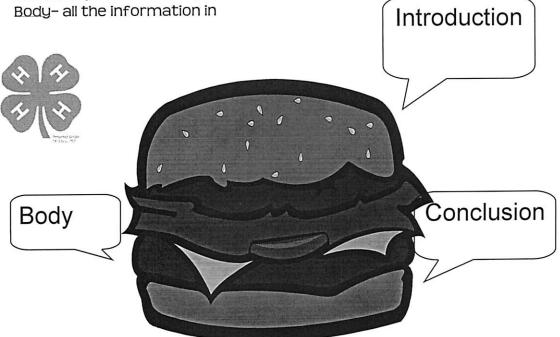
4. GIVING YOUR SPEECH

Relax- take a deep breath before you speak, just have fun with your speech.

Appearance- stand up straight, don't lean.

Notes- use your notes, but don't read them off, don't hold them in front of your face

Eye Contact- be sure to look at your audience, see if they're really listening.



opic:		
Introdu	ction:	
Main Idea #1	Main Idea #2	Main Idea #3
	Supporting Details	Supporting Details
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Conclusion:		

How to Present a Great Speech

Voice: Your voice is a great tool in communication. What you have to say is important so you want the audience to hear you.

- Speak up-Don't shout at the audience, but use a "big" voice.
- Speak at a slower pace.
- Work on word pronunciation.
- Be confident.
- Be natural and relaxed

Eye Contact: This can make a huge difference in the audience's interest in what you say.

- Maintain eye contact with the audience. Focus on looking at the audience throughout your speech.
- Try not to stare at an object in the back of the room.
- Look for your friends in the audience, but don't forget about everyone else.

Posture: How you stand during your speech is important. You want to appear confident and interested in your speech.

- Stand up tall, hold your notes at chest height, not in front of your face.
- You can walk while presenting your speech.

Gesture & Expressions: Expressions are a powerful addition to any speech. But BEWARE: they can also be a distraction.

- Use hand gestures that are natural to you.
- Hold your notes in your hands, but try to avoid "playing" with them.
- Smile! Look happy and excited about your speech.

Write it out: Don't read your speech, but do have it written out in front of you on note cards or on a paper. You don't have to memorize your speech.

"Ums and Ahs": Try to avoid using "um" and "ah". This is best done by practicing your speech and being sure of what you're saying. The more you practice, the better your speech will be.

Practice, Practice, Practice: You can't practice too much. Give your speech in front of anyone who will listen: Parents, brothers, sisters, neighbors, friends, dogs, cats, fish, to yourself in the mirror. BE PREPARED.



Are you ready to give a speech in your classroom? Start getting ready now.

You can give a speech on any topic you choose. Pick a topic that you know about. You can talk about your family vacation, favorite animal, pet, or a good book you read. Let your imagination be your guide!

Time Limits are as follows:

4th grade- 1-3 minutes 5th-8th grade- 2-7 minutes 9th-12th grade -3-7 minutes

My speech is due	
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Winning speeches will qualify to compete at the county speech contest on February 12, 2015.

Public Speaking Rubric

	1st Place	2nd place	3rd place	Participation
Time Length	4th: 1-3 mins	0:30-0:59	0:15-0:30	<0:15
	5th- 8th- 2-7 mins	1:30-1:59	1:00-1:30	<01:00

Speech Format	Intro/body/ conclusion Very well organized	No introduction or conclusion Somewhat organized	No introduction or conclusion Little organization	No format No organization
Use of Language	Vivid, descriptive, good enunciation Good volume, good use of gram- mar Avoided "ums" "ers" and "likes"	Somewhat Descriptive Some good Grammar Few "ums" Good volume	Confusing language Many "ums" "ers" and "likes" Softer voice	Hard to understand Soft voice, poor grammar Many "ums" "ers" and "likes"
Body Language	Relaxed, gestures, good posture Consistent eye contact	Few gestures Fairly consistent eye contact	No gestures Little eye contact	Nervous, no movement No eye contact
Preparation	Very well prepared	Somewhat prepared	Little preparation	Not prepared
information	Accurate info, up- to-date	Good info	Some good Info	No relevant info
Effect on Audience	Kept audience attention	Audience somewhat attentive	Audience less attentive	Audience bored